



# IMPACT REPORT

*Strengthening Communities  
Through Service*

January 1 - September 30

20  
25



# INTRODUCTION

As of September 30, 2025, the African American Youth Harvest Foundation (AAYHF) delivered critical services across **Case Management, Pantry, Harvest Trauma Recovery Center, and Programs & Events**, reaching a combined **10,799 clients**. Of these:

- *32% were unduplicated clients*
- *69% represented duplicated engagements*

This dual count underscores both the scale of outreach and the continued reliance of families on AAYHF services. Together, AAYHF and the Harvest Trauma Recovery Center (HTRC) have served thousands of individuals, offering both immediate relief and long-term support.

- **Case Management** provided advocacy and navigation for **495 clients**, including **199 unduplicated (40%)** and **296 duplicated (60%)**. Twelve active case managers connected families to vital resources, with the most requested services including **Clothing/Shoes (25%), Rent Assistance (20%),** and **Wraparound Support (16%)**. Ensuring both crisis relief and long-term family stability.
- The **Pantry Department** distributed **6,262 service counts**, including **unduplicated clients (28%), duplicated clients (41%),** and **households (32%)**. Peak demand occurred in **August (996 services)** and **February (876 services)**, reflecting seasonal economic pressures and the Pantry's ability to adapt to community needs.
- **Programs & Events** reached **3,483 unduplicated participants**, exceeding engagement goals through eight core programs including Urban University Camp, Manor ISD Mentoring, STEM, Texas Empowerment, Queens 2 Be, and KREW 12. These initiatives fostered youth development, academic enrichment, and leadership confirming AAYHF's vital role in preparing Austin's next generation for success.
- The **Harvest Trauma Recovery Center (HTRC)** surpassed its contractual benchmark by serving **556 clients** through in-person and satellite sites. The most extensive participation came from **adolescents aged 5–17 (13%)** and **adults aged 36–46 (11%)**, reflecting HTRC's capacity to deliver trauma-informed, culturally responsive care to survivors across all life stages.

Together, these departments demonstrate AAYHF's comprehensive impact **delivering immediate relief, fostering long-term resilience, and strengthening equity across Central Texas**. This period reaffirms the Foundation's mission to provide holistic, family centered support that transforms lives and communities.

# Contract Goal Comparison & Impact Summary

**“10,799 Clients Served | 3,405 Unduplicated | Exceeded All Contract Goals  
Empowering Families, Strengthening Communities”**

The African American Youth Harvest Foundation (AAYHF) continues to exceed expectations across all program areas, achieving and surpassing its City of Austin, Travis County, Travis County, and Harvest Trauma Recovery Center (HTRC) contractual goals. Between January and September 2025, AAYHF served a total of **10,799 clients**, including **3,405 unduplicated** and **7,394 duplicated** engagements. This scale of outreach reflects both the depth of need and AAYHF’s consistent role as a trusted provider of family-centered, trauma-informed services across Central Texas.

## **HTRC Performance:**

The Harvest Trauma Recovery Center surpassed its contractual goal of serving **270 clients**, achieving **556 total clients served** (206%) through in-person and satellite locations. The most significant age segments included adolescents aged **5–17 (13%)** and adults aged **36–46 (11%)**, confirming the center’s success in reaching survivors across diverse life stages. HTRC’s culturally responsive and trauma-informed approach continues to set a high standard for equitable behavioral health access in the region.

## **City of Austin C2C Goal:**

The City of Austin’s Connect to Care (C2C) contract targeted **1,500 clients across** Case Management, Mentoring, STEM/Digital Media, and Wraparound Services. AAYHF contributed significantly to this goal, with **495 clients served** through Case Management and an additional **3,483 participants engaged** through youth programs and mentoring. Combined, these efforts represent **over 265% of the contractual goal achieved**, underscoring AAYHF’s capacity to scale service delivery while maintaining quality and engagement.

## **Travis County C2C Expansion Goal:**

Under the Travis County C2C Expansion contract, AAYHF was goaled with serving **285 clients** across Mentoring, STEM in Schools, STEM Summer, and Urban University programs. Through these initiatives, the organization far exceeded expectations, engaging over **3,483 unduplicated youth (1,222%)**, strengthening academic pathways, leadership skills, and confidence among participants.

## **Pantry Department:**

The AAYHF Pantry provided essential stability for families through **6,262 services**, with **1,683 unduplicated clients**, **2,594 duplicated clients**, and **1,985 total households**. Seasonal peaks in **August (996)** and **February (876)** illustrate the pantry’s adaptability in responding to economic and food insecurity trends throughout the year.

Across all contracts, AAYHF and HTRC have not only met but significantly exceeded performance expectations delivering immediate relief, fostering resilience, and advancing equitable outcomes across the Central Texas community.

# OUR STORY SO FAR

## *Who We Are*

To intentionally provide hands-on service through school and community-based programs, to enhance the quality of life for African American and low-income youth and families.

## *Our Mission*

To intentionally provide hands-on service through school and community-based programs, to enhance the quality of life for African American and low-income youth and families.

## *Harvest Trauma Recovery center*

The first Trauma Recovery Center in the State of Texas

The Harvest Trauma Recovery Center (HTRC) provides comprehensive behavioral health services to survivors of recent violent crimes who are experiencing post-traumatic stress but are not receiving other mental health care.

## *What We Do*

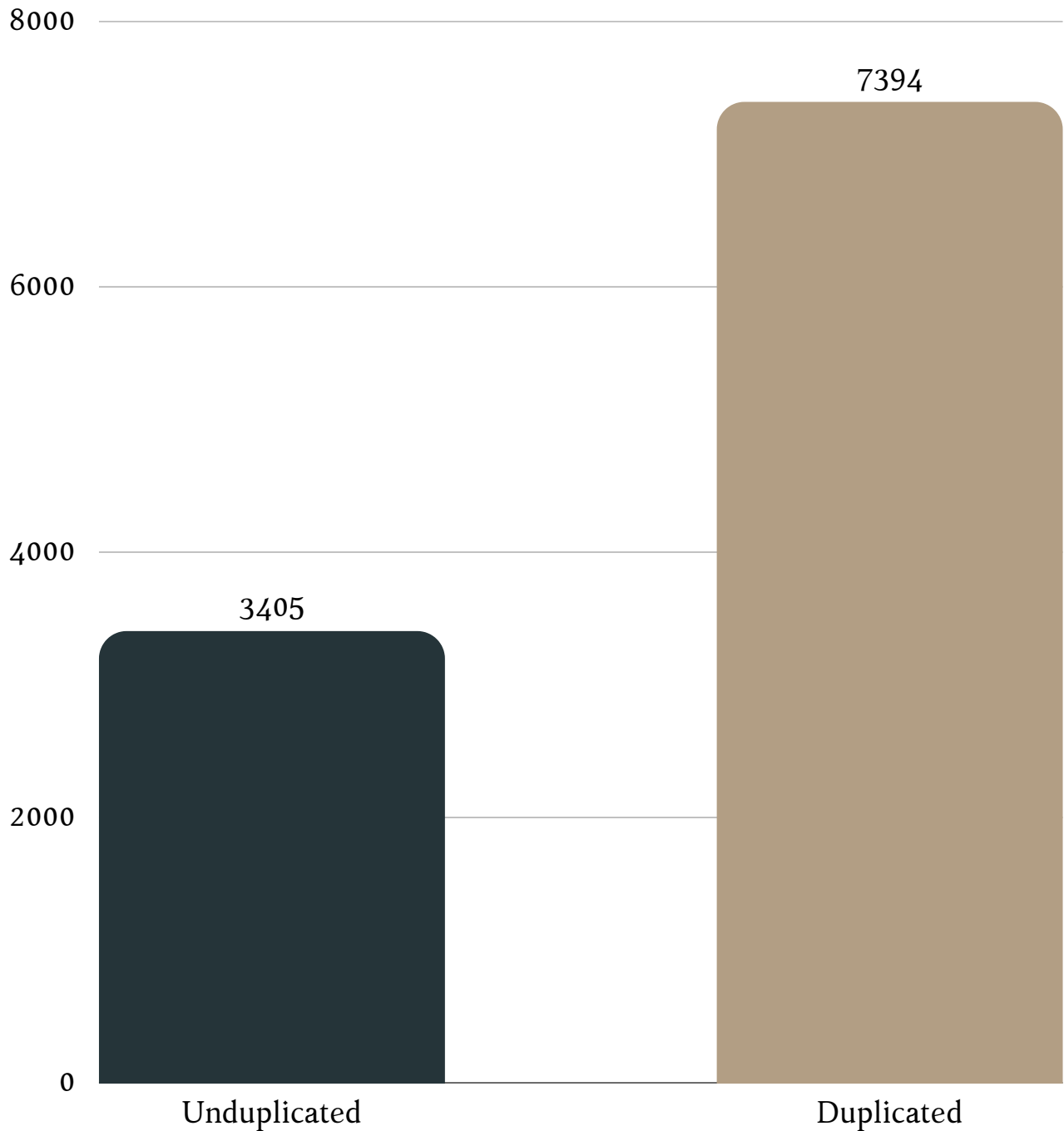
We support and enhance educational, health, and economic development programs that are sensitive to cultural differences and centered around families, specifically for African Americans and other vulnerable young people and families living in the Greater Austin area. Our goal is to improve our community by focusing on strengthening family bonds and challenging stereotypes associated with minority youth. Our programs promote mental, physical, and social well-being as well as opportunities for professional development.

- Family Wraparound Support
- Workforce Assistance & Readiness
- Mentoring
- STEM Programming
- Mental Health Counseling

*"When basic human needs are ignored, entire communities are systematically placed on a pathway toward instability, generational poverty, and criminalization. This is not accidental; it is the predictable outcome of underfunding the social determinants of health."*

# Client Engagement Overview

This chart highlights AAYHF's overall client impact, showing the reach of unduplicated and duplicated participants across all services. It demonstrates consistent community engagement and the ongoing need for comprehensive family support programs.



Holistic support through Case Management, Pantry, and Programs & Events.

# OUR IMPACT

## 1

The Case Management program provided families with personalized guidance and direct connections to essential resources. With consistent engagement and strong follow through, the department continues to demonstrate AAYHF's commitment to meeting families where they are offering stability, advocacy, and pathways toward lasting self-sufficiency.

- 495 Clients Served
- 12 Case Managers engaged

Families were empowered with personalized guidance, strengthening trust in services and building bridges to resources that address critical needs.

## 2

The data reveals ongoing demand for food and household essentials, with consistent service delivery demonstrating how the program adapts to community hardships. With thousands of individuals and households supported, the Pantry remains central to AAYHF's mission of combating food insecurity.

- 6,262 Services Delivered
- 1,683 New Clients Supported
- 2,594 Repeat Clients
- 1,985 Households Reached

The Pantry ensures stability for vulnerable households, offering both immediate relief and dependable ongoing support.

## 3

Program and Events department continues to excel in engaging youth during their most critical developmental years. Participants served across eight core programs Queens 2 Be, Boys 2 Men, Manor Mentoring, Parents' Night Out, Tutoring, KREW 12, STEM Initiatives, and Texas Empowerment Academy the department far exceeded contractual goals while ensuring equitable access to enrichment and mentorship opportunities.

- 3,483 Participants Engaged
- 7 Tailor Mentoring Programs.

Each program provided a pathway for growth, leadership, and community connection. Programs & Events fostered confidence, skill-building, and belonging, empowering Austin's next generation of resilient and capable leader.

## 4

The Harvest Trauma Recovery Center (HTRC) exceeded contractual benchmarks, expanding access to trauma-informed behavioral health care for survivors of violence while reinforcing AAYHF's leadership in comprehensive, culturally responsive mental health services.

- *Female: 243*
- *Male: 141*

The Clinic delivers comprehensive behavioral health services to survivors of recent violent crimes experiencing post-traumatic stress who are not receiving other mental health care. This gender distribution underscores the disproportionate impact of violence on women, highlights the growing engagement of men in seeking trauma recovery support, and affirms AAYHF's commitment to serving all individuals regardless of gender with equity, dignity, and cultural responsiveness.

8 %

18–24 years: 39

19 %

25–39 years: 94

18 %

40–54 years: 90

8 %

55–64 years: 39

3 %

65–74 years: 12

## Case Management

The African American Youth Harvest Foundation's Case Management Department delivered 495 total client services, reinforcing its vital role in advancing the City of Austin contract goal across wraparound services. With 199 unduplicated clients and 296 duplicated client services, the department contributed 13% of the total citywide target through direct case management, demonstrating substantial progress toward contract fulfillment.

This balance of unduplicated and duplicated participation highlights the department's dual focus: expanding outreach to new families while maintaining consistent engagement with returning clients in need of ongoing support. Through personalized case navigation, advocacy, and service coordination, case managers ensured that households received immediate and sustainable assistance aligned with their unique needs.

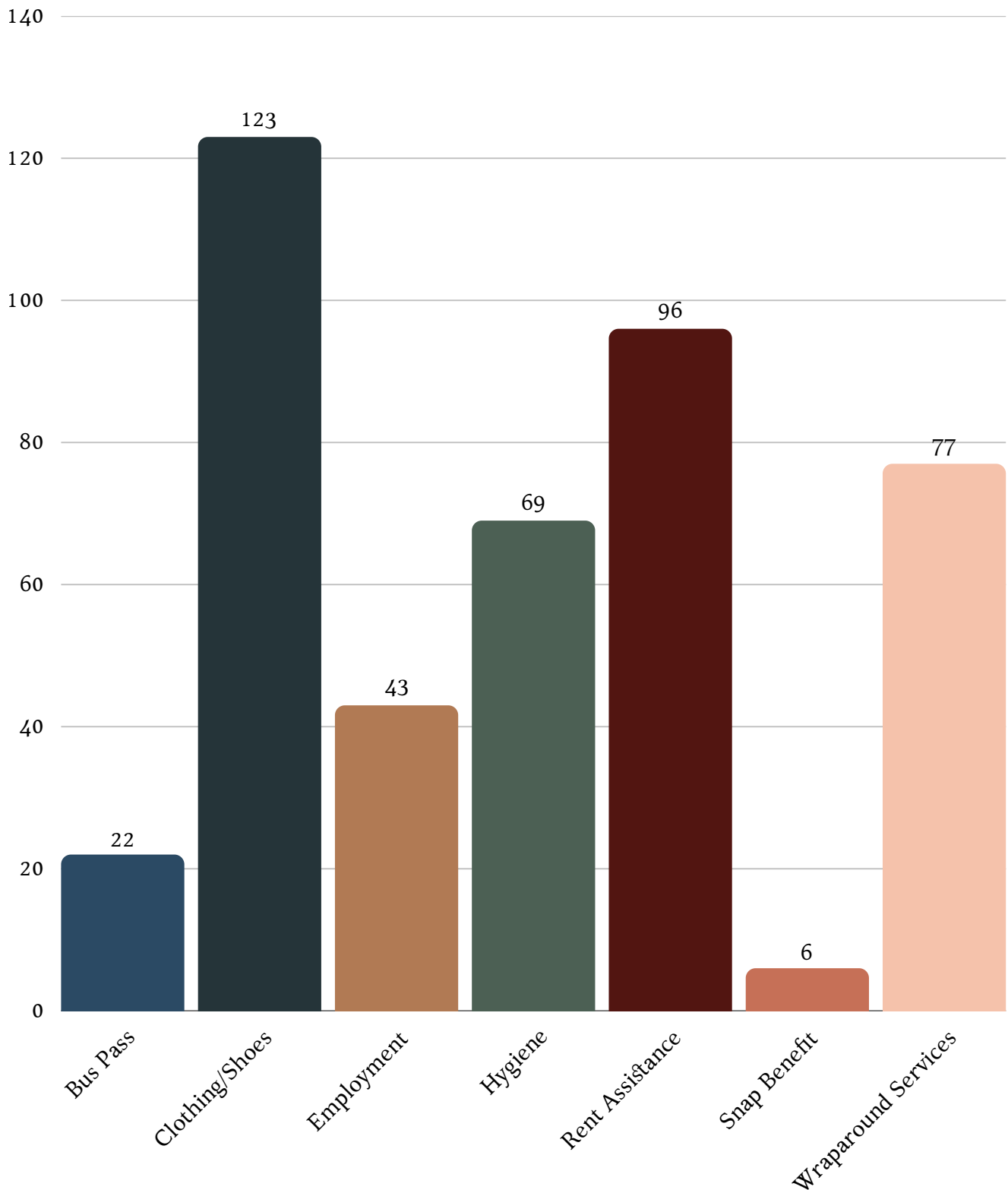
The Case Management Department remains a cornerstone of AAYHF's integrated service model bridging families to essential resources, reducing barriers to stability, and strengthening community resilience. By contributing directly to the City's contractual benchmarks and maintaining consistent engagement with Austin's most vulnerable populations, AAYHF continues to embody its mission of **equity, dignity, and empowerment** for every household served.

The Case Management program provided families with personalized guidance and direct connections to essential resources. With consistent engagement and strong follow through, the department continues to demonstrate AAYHF's commitment to meeting families where they are offering stability, advocacy, and pathways toward lasting self-sufficiency.



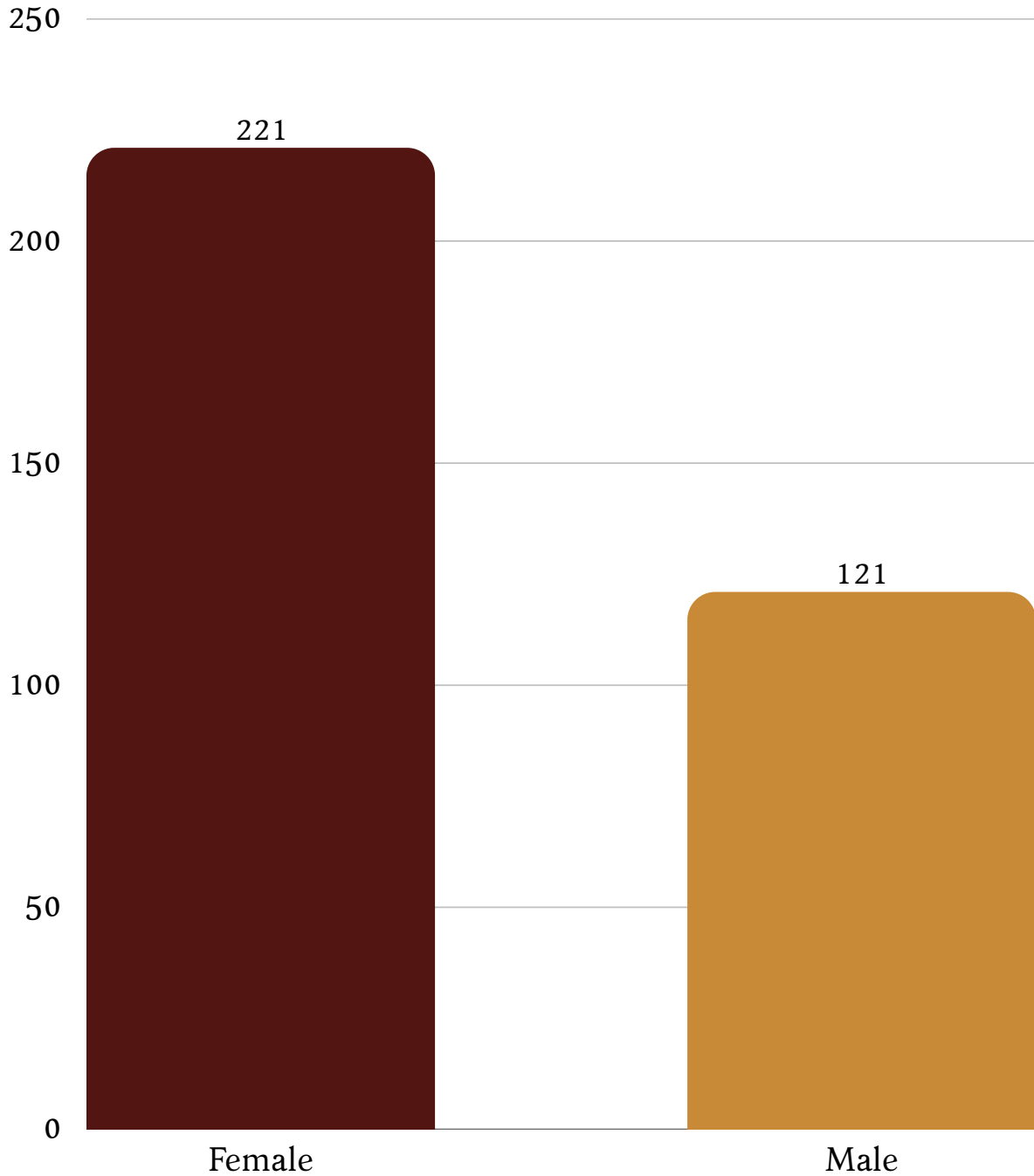
# Overview of Services Provided by Category

This chart highlights the distribution of services provided by AAYHF, with Clothing/Shoes and Rent Assistance emerging as the most frequently utilized categories. The data reflects the organization's strong focus on meeting essential needs while also supporting employment, hygiene, and wraparound services that promote family stability.



# Gender

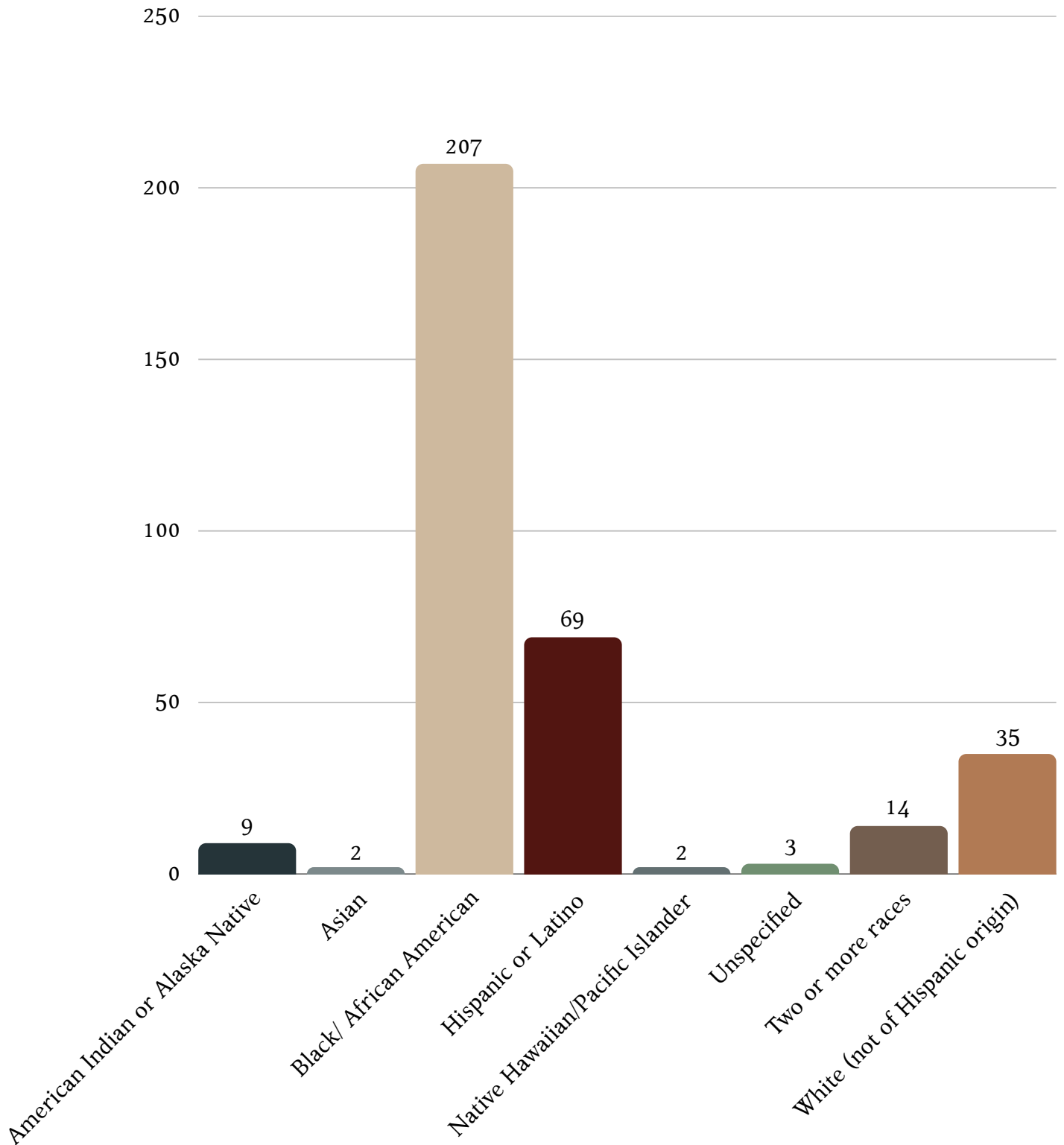
The chart illustrates the gender distribution of clients served, showing consistent engagement from both male and female participants, with females representing the majority. These results reflect steady outreach and sustained service participation throughout the reporting period.



Gender data shows most female clients served across all reporting months.

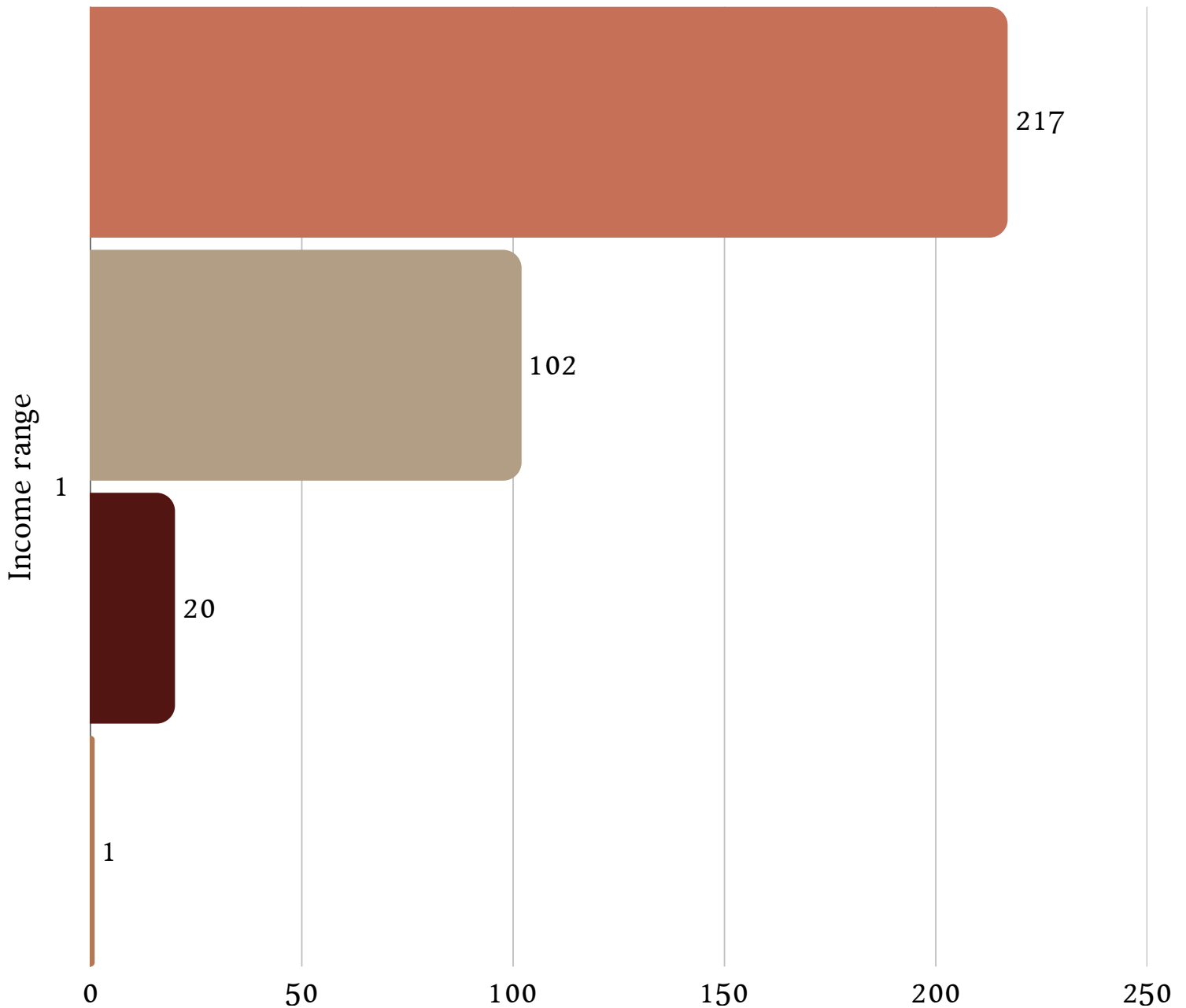
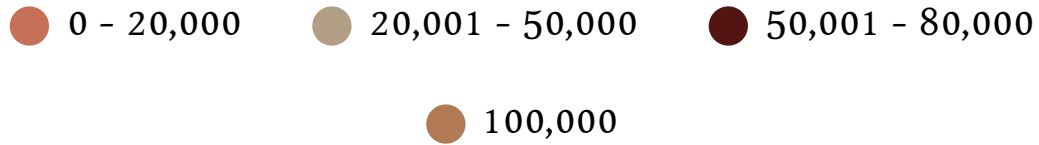
# Ethnicity Distribution

This chart highlights AAYHF's consistent engagement with diverse populations, with the highest participation among Black/African American and Hispanic/Latino clients. The data reflects the organization's continued commitment to equitable outreach and culturally responsive services across Central Texas.



# INCOME DISTRIBUTION

The gender distribution across the reporting period showed consistent service engagement from both male and female clients, with females forming the majority. Ethnicity data revealed the highest concentration of clients identified as Black/African American or Hispanic/Latino. Trends remained steady throughout the months, indicating a sustained reach for these core demographics.



(Note: Income is based on household income)

# PROGRAMS & EVENTS

As of September 30, 2025, the African American Youth Harvest Foundation's Programs Department demonstrated measurable progress toward both the City of Austin goal and the Travis County Expansion goals. With 3,483 unduplicated participants engaged across mentoring and enrichment initiatives, the department exceeded its combined contract goal by 195%, reinforcing AAYHF's capacity to deliver large-scale, community-based impact.

Program participation was distributed across multiple mentoring and youth enrichment platforms. Key engagement included:

<b>Programs</b>	<b>Total Count</b>
Back2School Backpack Drive	1,407
Boys 2 Men	57
Girls Who Game	14
Queens to Be	53
Krew 12	16
Manor ISD Mentoring	295
Parent's Night	59
STEM	44
Texas Empowerment	118
Tutoring	22
<b>In addition:</b> 10 Mothers attended the Single Moms Class.	

The Single Moms Class, reflecting the department's growing inclusion of family-based support components.

Demographically, the programs maintained strong representation among African American and Hispanic participants, aligning with AAYHF's mission to serve historically underserved communities. Youth aged 12–17 continued to represent most participants, confirming that AAYHF's mentoring and enrichment model effectively targets the critical adolescent years where positive intervention has the greatest long-term impact.

Beyond participation, the Programs Department has strengthened its position as a bridge between education, mentoring, and social support. The department's outcomes demonstrate the collective strength of AAYHF's collaborative model, combining mentoring, academic enrichment, STEM access, and wraparound services to exceed performance benchmarks under both City of Austin and Travis County contracts. These results reaffirm AAYHF's leadership in advancing equity, opportunity, and sustainable youth development across Central Texas.

195%

Youth Empowered

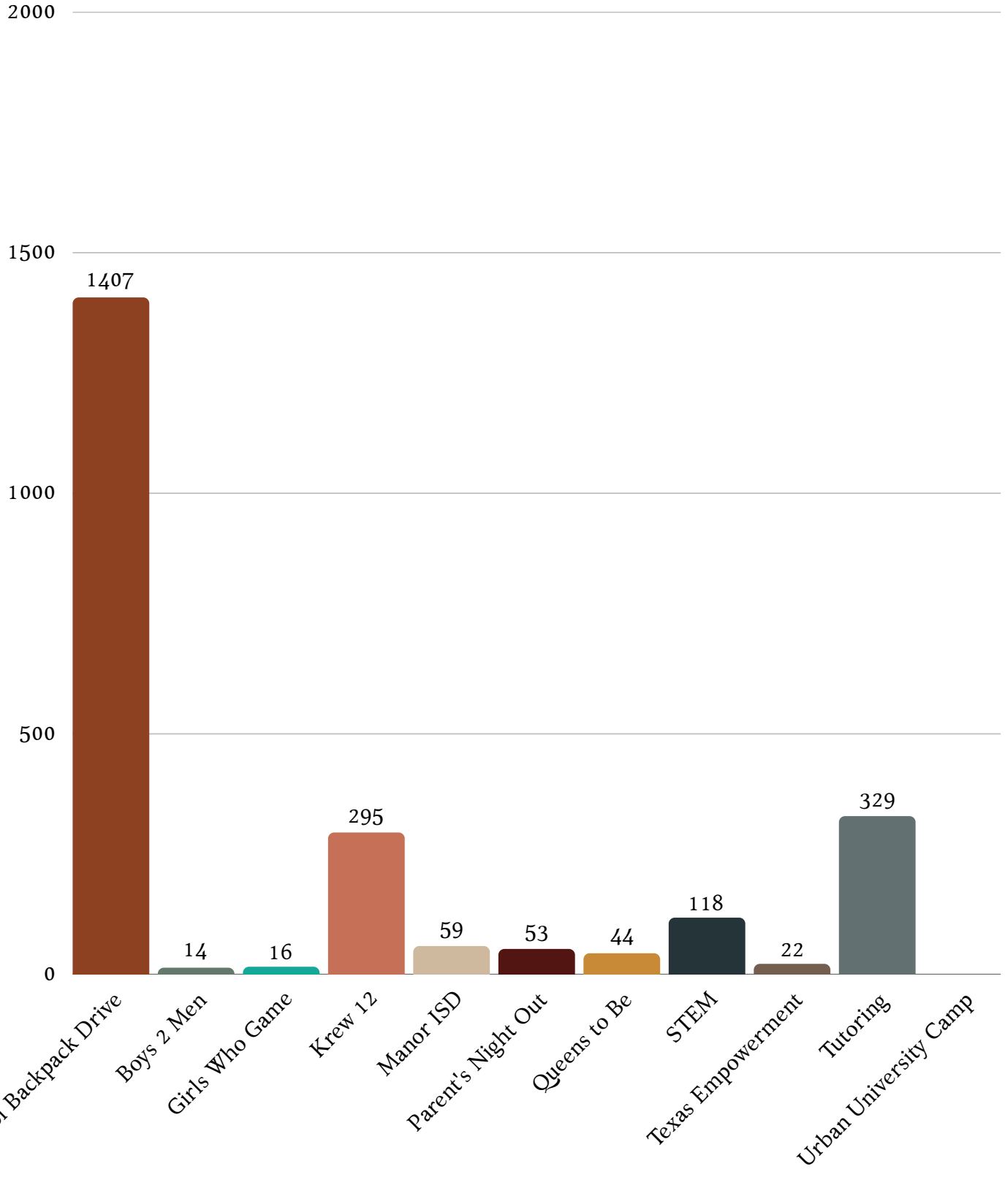
# 3,483 Unduplicated Participants

*Programs & Events*



# Mentoring Programs

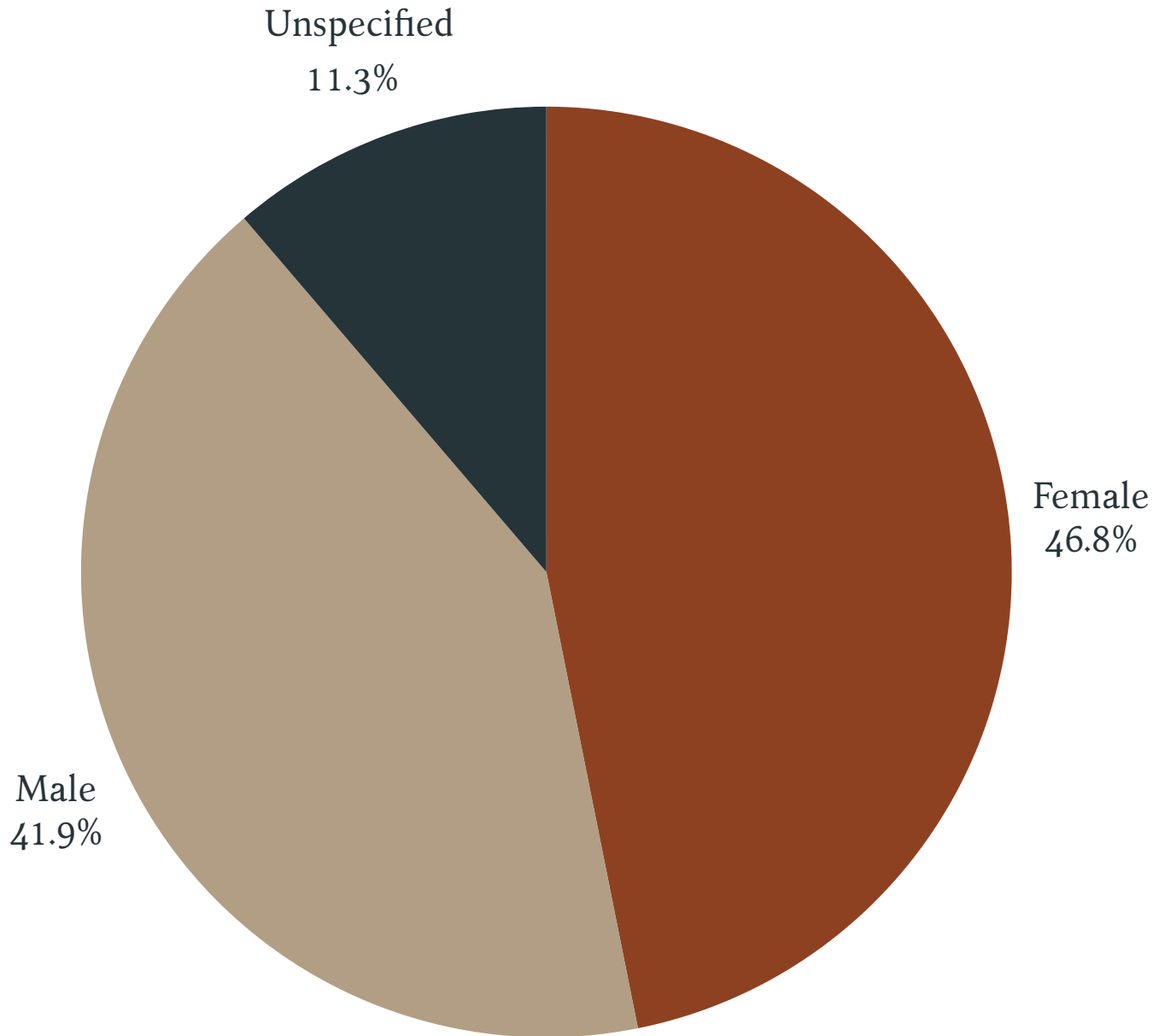
This chart highlights participation across AAYHF's mentoring and enrichment programs. Urban University Camp and Manor ISD Mentoring led engagement, with strong participation across STEM, Texas Empowerment, and youth leadership initiatives. Together, these programs empower students through guidance, education, and community connection.

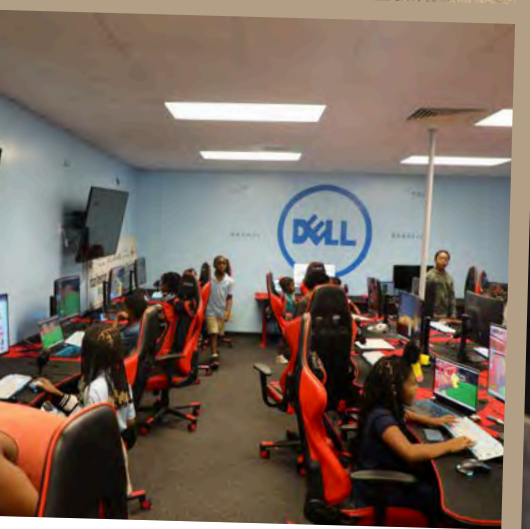




# Gender

Female participants (1,627) slightly outnumbered males (1,455), and Unspecified (391) reflecting AAYHF's intense engagement with young women and girls while maintaining balance in reaching young men.





# Pantry

As of September 30, 2025, the **African American Youth Harvest Foundation (AAYHF) Pantry** delivered **6,262 total services**, including food distribution, nutrition education, and essential household provisions. This continuous outreach positioned the Pantry as one of AAYHF's most vital programs, ensuring that vulnerable families across Central Texas had access to reliable and consistent support during times of economic uncertainty.

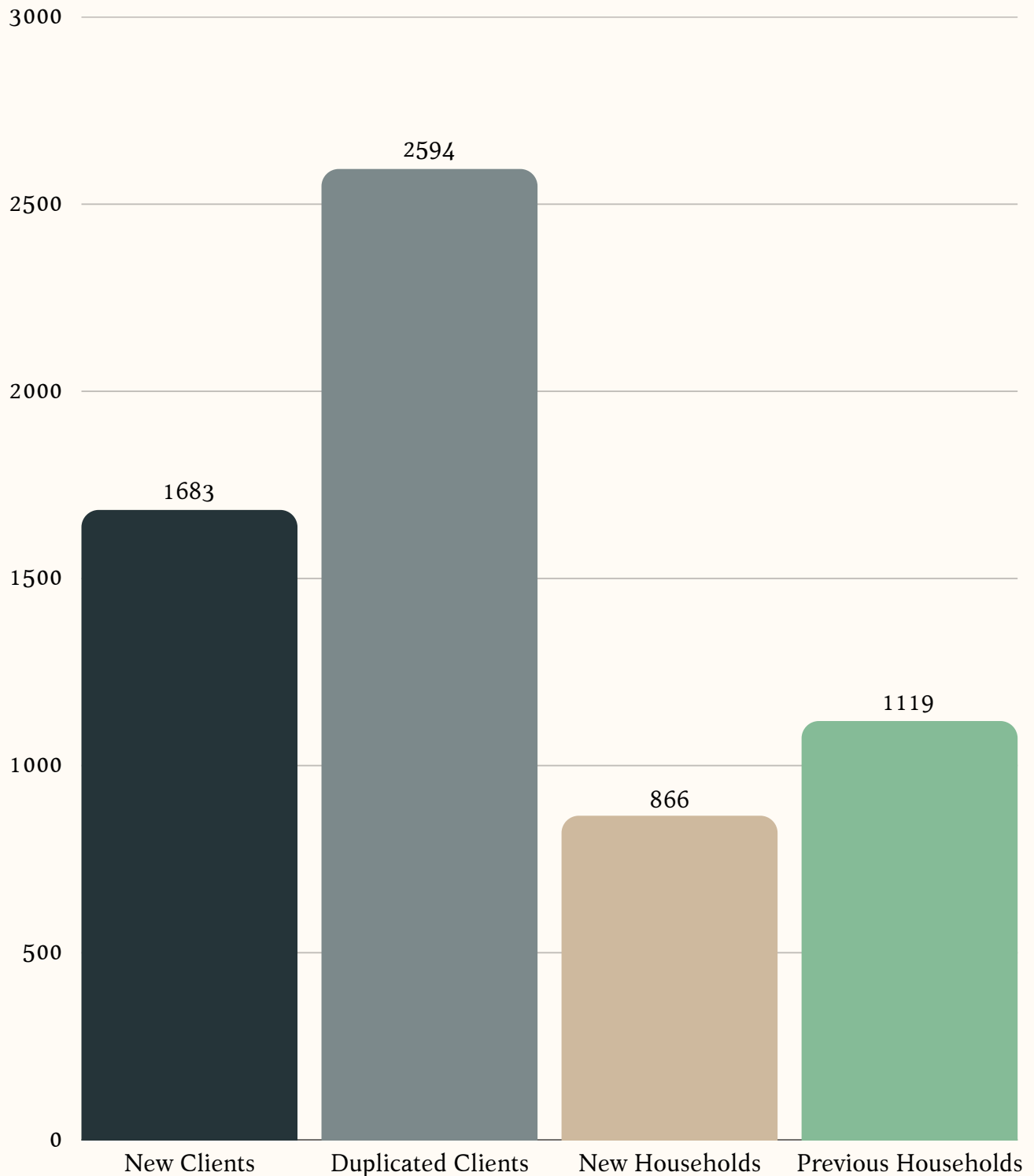
The data highlights both community expansion and sustained reliance. Of the total services provided, **unduplicated clients (27%)**, **duplicated clients (41%)**, and households were divided between **unduplicated households (14%)** and **duplicated households (18%)**. This balanced distribution demonstrates that while the Pantry continues to engage new families, it also maintains long-term relationships with those facing hardships, ensuring stability and ongoing access to essential resources.

Seasonal usage patterns revealed clear peaks in **August (996 clients)** and **February (876 clients)**, indicating periods of heightened community need. These surges often coincide with seasonal financial pressures, such as the back-to-school period and early-year recovery from holidays and utility expenses. Strategic planning for these months has allowed AAYHF to maintain adequate food inventory, volunteer staffing, and distribution efficiency during high-demand cycles.

Beyond the numbers, the Pantry represents a commitment to **stability, dignity, and equity**. By addressing immediate nutritional needs and connecting families with wraparound support, AAYHF continues to close access gaps for those most in need. The Pantry's impact extends beyond food—it strengthens trust, promotes long-term wellness, and empowers families toward greater self-sufficiency within the Central Texas community.

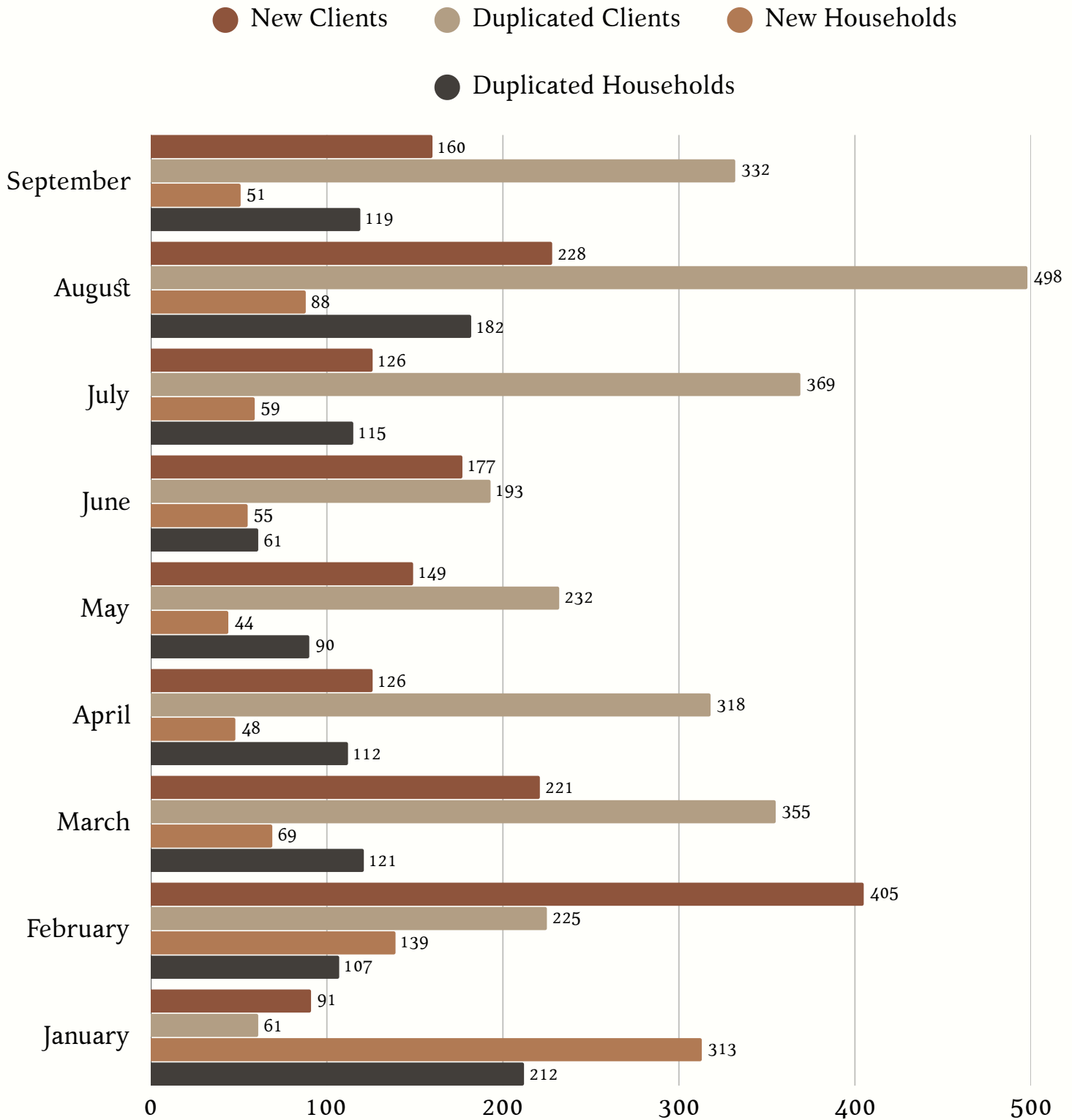
# New vs. Previous Clients

Nearly half of Pantry services supported new clients and households (40.2%), reflecting both the Pantry's expanding reach and its role as a trusted safety net for returning families.



# Pantry Distribution (Monthly)

Pantry usage surged in February and August, aligning with periods of heightened financial strain. These seasonal peaks highlight the importance of proactive resource planning to ensure families have consistent access when demand is at its highest.



# 20%

Hispanic/Latino: 144

# 27%

Black/African  
American: 191

# 4%

Two or More Race: 3

# 5%

White (not Hispanic): 37

# 4%

Asian: 3

# 1%

Unspecified: 7

The **Harvest Trauma Recovery Center (HTRC)** continues to make significant strides toward its 2025 strategic objectives, reaffirming its position as a vital source of trauma-informed care for underserved communities across Central Texas. As of September 30, 2025, **706 clients were served through in-person and satellite sites**, a testament to the program's expanded capacity and the growing community reliance on accessible, high-quality behavioral health services. The data shows a result we can all be proud of, as it demonstrates the tangible impact of our collective efforts on the lives of those we serve.

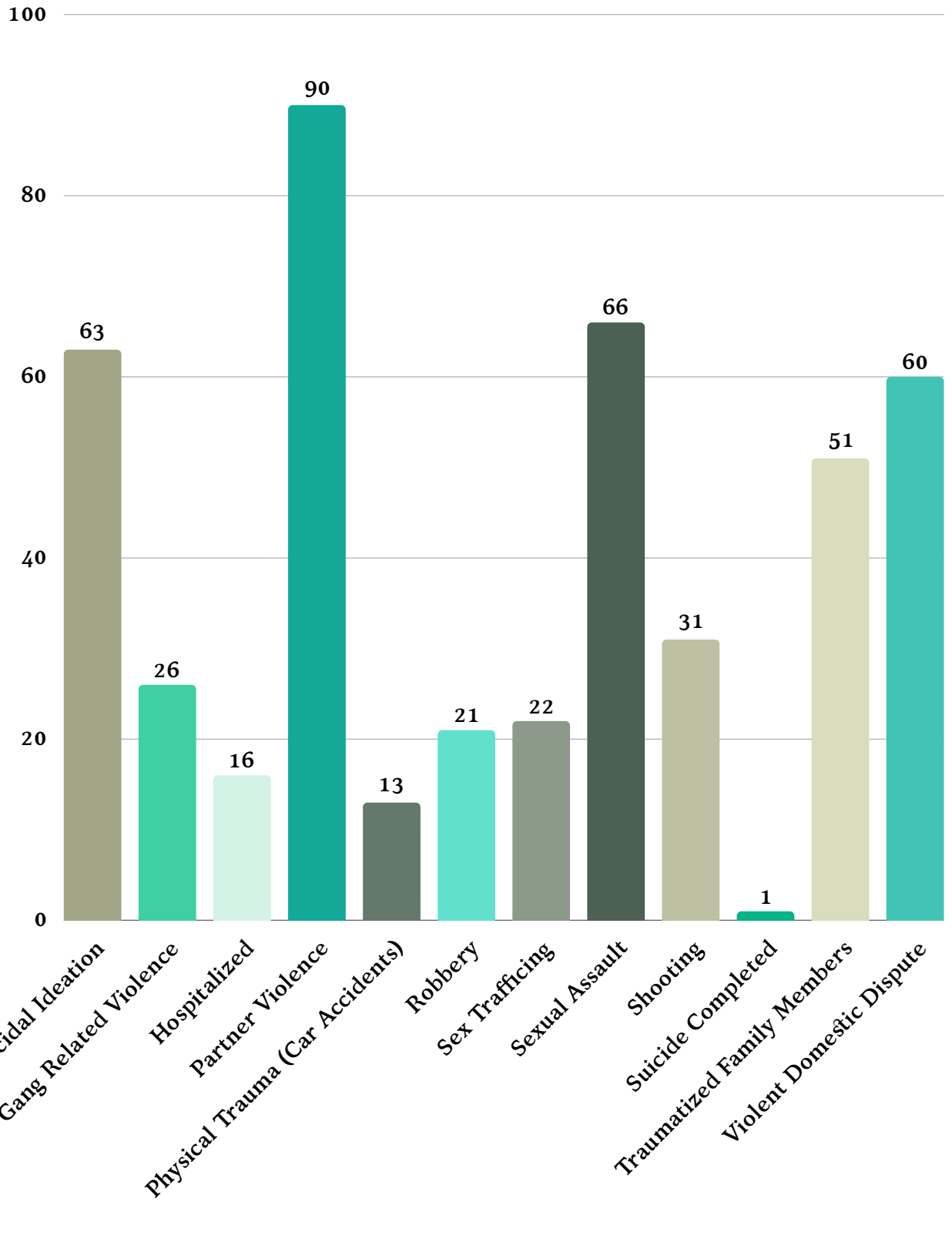
The age distribution of clients underscores HTRC's broad reach across multiple generations. Youth and young adults represented a substantial portion of clients, with **119 individuals (ages 5–17)** engaging in early trauma recovery support, while **adult clients ages 18–58 accounted for the majority (248 individuals)**, highlighting the center's ability to meet the diverse needs of survivors at varying life stages. Older adults (age 60 and above) made up a smaller but vital segment, reflecting HTRC's inclusive service model that ensures no age group is overlooked in the healing process. This diversity in our client base is a testament to our commitment to serving all members of our community, regardless of age or background.

These figures reflect the Center's continued adherence to national standards for trauma recovery while maintaining a steadfast commitment to **equitable access and cultural responsiveness**. Each client interaction is grounded in compassion, respect, and an understanding of the unique challenges faced by survivors of violence. This unwavering commitment to best practices in trauma recovery should reassure our community of the quality and effectiveness of our services.

As HTRC advances into the second half of 2025, the program remains strategically focused. We are committed to scaling operations, expanding service delivery across our satellite network, and strengthening partnerships that enhance holistic recovery outcomes for individuals and families throughout the region.

# HTRC Client Cases by Type of Trauma

⚠️ This section discusses trauma-related cases and may be distressing to some readers. Please review with care



# Volunteer Impact

The African American Youth Harvest Foundation's annual **Back 2 School Backpack Giveaway** was a resounding success, powered by the dedication and generosity of a diverse group of **123 volunteers**. Their commitment ensured a safe, organized, and welcoming environment where families received essential school resources, community connections, and encouragement for the year ahead.

## Key Service Areas

Volunteers provided hands-on support across multiple critical functions, ensuring efficiency and engagement:

- **Client Assistance:** Helped families with navigation, translation, and accessibility.
- **Registration & Check-In:** Managed family registration, wristbands, and attendee flow.
- **Backpack Distribution:** Distributed backpacks by grade level and maintained accurate records.
- **Food Services:** Served meals/snacks, monitored food safety, and maintained cleanliness.
- **Youth Engagement:** Oversaw bounce house safety and organized play activities.
- **Haircuts & Grooming:** Coordinated with barbers to streamline check-in and waiting areas.
- **Raffle & Prizes:** Managed entries, conducted drawings, and distributed prizes.
- **Resource & Vendor Tables:** Shared program information, collected interest forms, and coordinated vendor needs.
- **Logistics Support:** Setup and breakdown of tents, tables, and household/clothing/shoe distribution stations.

## Corporate & Community Volunteers

The impact of this event was strengthened through active partnerships with a wide range of organizations, including:

- **Austin Community College**
- **True Spirit of Christ**
- **Diakonos**
- **Town Lake Links**
- **ATS**
- **Samsung**
- **Apple**
- **AALI**
- **Alpha Kappa Alpha - Austin Alumni**
- **APD Youth Program**
- **Kappa Alpha Psi - Austin Alumni**
- **Dell Technologies**
- **Amazon**
- **Senator Sarah Eckhardt**

We are grateful for their support and look forward to future collaborations.

This event illustrates the power of volunteerism to transform communities. Volunteers did not just give their time; they created memorable moments, built bridges of hope, and demonstrated the true strength of a united community. Their impact is a source of inspiration and hope for the future.



# 51

VOLUNTEERS:  
8 AM - 10 AM

# 123

123 VOLUNTEERS  
CONTRIBUTED  
ACROSS ALL SERVICE  
AREAS

# 14

STRENGTHENED THROUGH  
ACTIVE PARTNERSHIPS.

# 46

VOLUNTEERS:  
11 AM - 12 PM

Volunteer hours spanned the **whole day**, with the highest participation.

# ACKNOWLEDGEMENTS

The African American Youth Harvest Foundation (AAYHF) and the Harvest Trauma Recovery Center (HTRC) extend our deepest gratitude to the many partners, supporters, and community members who are the backbone of our work. The impact highlighted in this report is a testament to your invaluable contributions, reflecting not only the dedication of our staff and volunteers but also the trust placed in us by the families we serve.

We acknowledge the unwavering leadership of Michael Lofton, Founder (CEO), whose vision and dedication continue to guide the Foundation's mission. The commitment of case managers, clinicians, program coordinators, and volunteers, who deliver frontline services with compassion and excellence every day, is the driving force behind our success.

We are grateful for the support of government officials, philanthropic partners, schools, and community-based organizations, including those who collaborate with us on food security, housing stability, mentoring, and trauma recovery initiatives. In particular, our partnerships with agencies that assist us in expanding our capacity to provide wraparound services and behavioral health care to survivors of violence.

Most importantly, we extend our heartfelt thanks to the children, youth, adults, and families who allow us to walk alongside them on their journey. Your courage and resilience are the true inspiration behind our work, and we are deeply grateful for the trust you place in us.

Together, we are building stronger communities, rooted in trust, equity, and opportunity.



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# “Partnering with Our Sponsors to Strengthen Community Impact”

